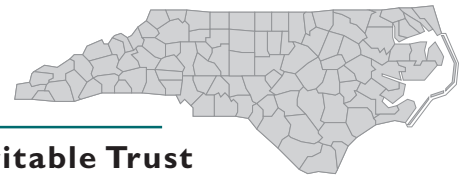


OutReach



A Publication of the Kate B. Reynolds Charitable Trust

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Important Dates

Application Deadlines:

Poor and Needy Division
August 1, 2003

Health Care Division
September 15, 2003

For more information about the Kate B. Reynolds Charitable Trust or about specific grant programs, contact the Trust office in Winston-Salem.

Phone: (336) 723-1456 or (800) 485-9080 -N.C. only
Fax: (336) 723-7765

www.kbr.org

Trust Announces Change In Poor and Needy Application Deadline and Meeting Dates in 2004

Currently, the application deadline dates for the Poor and Needy Division of the Kate B. Reynolds Charitable Trust are the first business day of January, May, and August.

Effective January 1, 2004, grants will be awarded two times per year. The application deadline dates will change to January 15 and July 15, or the first business day thereafter if

the deadline falls on a weekend or a holiday. Advance consultation is still required before an application can be accepted.

The advisory board will meet at the end of March and September to evaluate proposals and make recommendations to the Trustee. Shortly thereafter, the applicant organizations will be notified of the Trustee's decision.

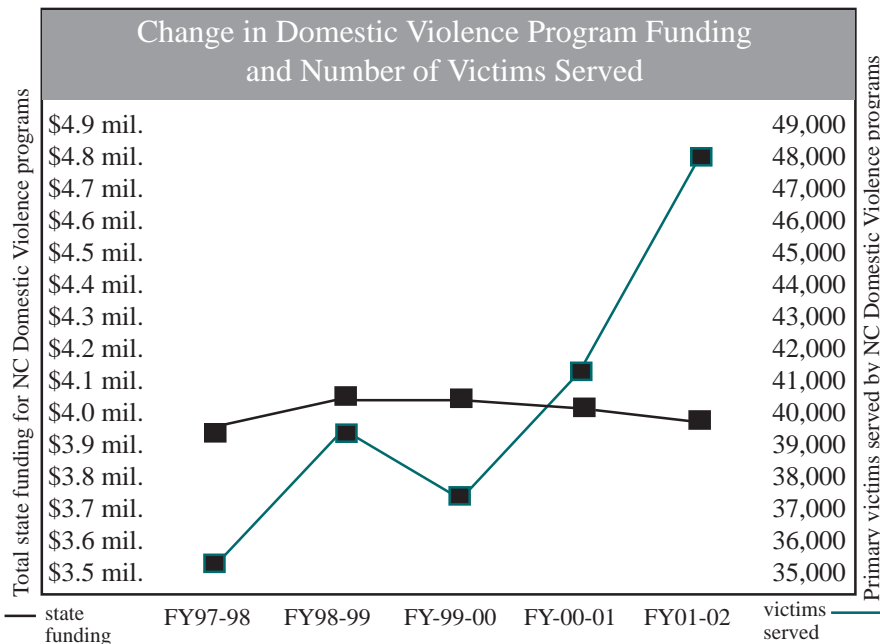
Domestic Violence: A Growing Public Health Issue

Over the last twenty-five years, domestic violence has emerged as a growing social, legal, and public health issue nationwide. It touches individuals and families regardless of age, social status, or ethnicity. For victims, its consequences may be physical, emotional, psychological, and economic. In thousands of cases yearly, many victims suffer lasting damage or even death. Nationwide, police report that between 40% and 60% of all calls they receive, especially during the night shift, originate as domestic disputes.

Studies by the American Medical Association show domestic violence as one of the nation's most expensive health problems. According to a report of the Committee on the Judiciary of the U.S. Senate, family violence costs the country as much as \$5 to \$10 billion every year in health care and associated costs.

North Carolina domestic violence homicide statistics are among the highest in the nation. In 2000, the total number of North

(Continued on Page 4)



Statistics compiled by the N.C. Coalition Against Domestic Violence show that statewide funding has remained almost constant since 1997. During the same interval, the number of women and families served by domestic violence programs has increased dramatically.

Looking Closer...

- Nine out of ten women who come to REACH are unemployed, have little or no money, and few, if any, resources.
- Many REACH clients have immediate health care needs, including eye injuries and broken or missing teeth. A large number also suffer from chronic diseases such as diabetes, asthma, and arthritis.
- Children who come to REACH's shelter often have compromised immune systems as a result of their impoverished, stressful, and abusive households.

Looking Closer...

- Help Incorporated serves the rural, impoverished victims of Rockingham County.
- More than half of the agency's clients are far below the federal poverty level.
- Help Incorporated offers shelter services, victim advocacy, support groups, and community education.
- One out of five reported elder abuse cases occur in domestic settings — 58% by spouses; 24% by adult children.

REACH of Jackson County, Inc. Sylva

Jean Bockstahler, Executive Director
(828)631-4488

REACH, Inc. opened in 1981 to provide services to victims of domestic violence and sexual assault. Services include emergency shelter, crisis counseling, legal advocacy, transportation, child care, and a 24-hour hotline, as well as a referral service and ongoing support services.

Women who seek shelter from REACH typically have endured years of isolation and abuse. As a general rule, about 80% have chronic health problems and about 30% need crisis health services.

Although addressing each client's basic need for food, clothing, shelter, and safety has to come first, the REACH staff also give attention to the treatment of chronic physical problems, and their need for emotional and psychological treatment and counseling. During treatment, they discover the presence of substance abuse or addiction in an overwhelming number

of women seeking services. Of those clients who do not have a personal substance abuse history, most have been secondary victims of substance abuse through living with a chemically dependent partner.

When substance abuse is detected, REACH works closely with local Alcoholics Anonymous, Adult Children of Alcoholics, and Narcotics Anonymous groups to provide support for the client. REACH has added a substance abuse counselor to its staff in order to provide individual and group treatment when it is needed.

REACH also has developed relapse prevention programs to support women and their children in an effort to interrupt the generational cycle of addiction within the family.

The Kate B. Reynolds Charitable Trust awarded a grant of \$45,000 toward providing additional treatment to REACH clients.

Help Incorporated: Center Against Violence Wentworth

Cynthia Pugh, Executive Director
(336) 342- 3331

Since the 1990s, Help Incorporated: Center Against Violence has provided services for victims of abuse in Rockingham County. The opening in 1994 of Freedom House, the only shelter for battered women and children in the county, enabled the agency to begin offering a full range of services to domestic violence victims. Three years later, the agency extended services to sexual assault victims as well. Help Incorporated now provides direct services to approximately 1,500 individuals annually.

Although Help Incorporated was reaching significant numbers of Rockingham County residents in the 1990s, the staff wanted to look beyond the typical client to include the elderly or others with physical limitations. These populations often are forced to face abuse or neglect without the support of others. Between 2000 and 2001, Help Incorporated renovated its 100-year-old facility, making it handicap accessible.

The renovation provided one bedroom and bath that are fully accessible to those

with physical disabilities as well as a multipurpose room in which life skills classes, exercise, and recreational activities take place.

The renovation, along with other efforts made as part of the total program, now allows the agency to provide a variety of services to approximately 250 elderly/disabled clients each year, including a weekly support group for elder victims who remain in stressful situations.

Currently, Help Incorporated is one of two agencies in the state to provide services to elderly domestic violence victims. It is the only agency serving elderly victims of sexual assault.

With its extension of services, Help Incorporated has also formed a multidisciplinary team comprised of senior providers in the community to case manage senior abuse cases monthly to improve the quality of life for elderly victims.

The Kate B. Reynolds Charitable Trust awarded a grant of \$40,000 toward renovation of the Help Incorporated facility.

Project Esperanza Durham

North Carolina Coalition Against Domestic Violence, Inc.
Marché Clarke, Executive Director
(919) 956-9124

For more than 20 years, the North Carolina Coalition Against Domestic Violence (NCCADV) has worked to raise awareness of domestic violence and to address the needs of victims across the state. When the coalition began, it included 21 member programs. Today it includes more than 90.

Through member programs, the coalition offers a variety of services designed to ensure the safety of victims and to provide access to resources, including legal assistance. One population that has remained largely underserved, in spite of the efforts of member agencies, is the Hispanic community. Within the total membership of the coalition, several individuals and agencies have pooled their efforts to increase the number of Hispanic women and their children who receive services from domestic violence agencies.

Through an outreach program called Project Esperanza, they hope to overcome language and cultural barriers in letting Hispanic families know that services are

available. Project Esperanza members have produced and distributed a manual directed to organizations to assist them in understanding and addressing domestic violence within the Hispanic communities.

The Project has also offered community workshops attended by hundreds of attorneys, health and social services providers, and law enforcement personnel across the state. Training sessions typically are followed by one-on-one technical assistance for agencies that attend.

Project Esperanza has begun a grassroots volunteer training program that recruits Hispanic women to work with domestic violence programs that do not offer bilingual services. These volunteers talk directly to Hispanic families about the services that are available to them and assist them in contacting the appropriate agency to find the help they need.

The Kate B. Reynolds Charitable Trust awarded a grant of \$188,042 toward Project Esperanza.

Forensic Nurse Examiner Program Winston-Salem

Family Services, Inc.
Alfred C. Renna, Executive Director
(336) 722-8173

After five years in operation, the Forensic Nurse Examiner Program (FNEP) remains a unique approach to serving victims of sexual assault. The program is designed to address the broad scope of medical, mental health, and criminal justice needs these victims experience. Key to the success of the program is the collaborated response of local health care, law enforcement, and criminal justice resources.

When rape victims are brought to Forsyth Medical Center, they are taken to a specially designed suite which is used only by FNEP. Certified forensic nurses provide timely, compassionate care while using state-of-the-art methods and equipment to collect the forensic evidence needed by law enforcement and criminal justice personnel. If the victim presses charges and the case goes to trial, the nurses who perform the examinations testify as expert witnesses for the District Attorney's office.

The FNEP service is available 24 hours a day, and staff respond within 45 minutes of notification. Victims are spared the hours of waiting so common to emergency room usage. Rape Crisis advocates also respond and offer support during the examination, providing information and referrals for follow up. Nurses and advocates work together for the benefit of the victim.

Because of the number of agencies that support the project, follow-up services are easily accessible. If victims need a safe place for a few days, advocates arrange for them to go to the Family Services Shelter or to other domestic violence shelters. This and all services provided through FNEP are offered at no cost to victims.

The Kate B. Reynolds Charitable Trust awarded a grant of \$119,265 toward operating expenses when the program was established.

Looking Closer...

- The Latino/Hispanic population includes many of the state's poorest residents.

- Non-citizens within the Hispanic population do not qualify for most government benefit programs.

- The majority of domestic violence programs have no bilingual staff, although most of them have Hispanic families in their service area.

Looking Closer...

- The Forensic Nurse Examiner Program is a program of Family Services, Inc.

- Family Services has received recognition from its national affiliate, Family Service America, for exhibiting "best practices" in the area of community interventions. FCFNEP clearly demonstrates its ability to promote collaboration in order to serve victims.

- Many rape victims do not have health insurance and are not financially able to cover hospital expenses for treatment following their assault.

Did You Know?

- Nationwide, domestic violence is the leading cause of injury to women between the ages of 15 and 44.
- Fifty percent of all homeless women and children in this country are fleeing domestic violence.
- The National Violence Against Women Survey found that 22.1% of women and 7.4% of men had been physically assaulted by an intimate partner during their lifetimes.
- In murders of persons under age 12, the victims' parents accounted for 57% of the murders.

Satellite Offices:

Asheville
June 9-13, 2003

Fayetteville
December 1-5, 2003

(Continued from Page 1)

Carolina homicides in which females were murdered by males was 81. In 2002, 74 domestic violence homicides were recorded. Homicide numbers consistently place North Carolina among the ten highest states in the nation.

State funding for services that address domestic violence issues began in 1982. That year, the state's Council for Women channeled funding to 17 programs. By 1991, the General Assembly voted to increase the marriage license fee and use the money to create the Domestic Violence Center Fund, which is also administered by the Council for Women. By 1999, the state was funding 77 established programs and contributing to start-up efforts in counties without domestic violence services.

In spite of public and private appropriations, neither funding nor programming resources have been able to match growing needs. (See graph on Page 1.) Between July 1, 2000 and June 30, 2001, services were provided to more than 41,000 "primary" domestic violence victims across the state, an increase of 13% over the previous year.

Although domestic violence affects people of all ages and races, there were several common characteristics among victims who received services during that

year: 95% were women; half of the victims were White; and 62% were between the ages of 18 and 44.

Most recent statistics reflect another substantial increase between July 1, 2001 and June 30, 2002, when 47,983 individuals received services. In addition to these victims, state agencies served more than 28,000 children under the age of 18 who were classified as "secondary" clients.

Because the term "domestic violence" can apply to many patterns of abuse, services that address the needs of families are varied — from prevention and early intervention services ... to shelters that ensure the physical safety of victims and their children ... to counseling for emotional and psychological recovery over the long term. Programs are also in place to serve populations that face increased or unique risks. For example, language and cultural obstacles often exacerbate the threat of abuse among minority populations, and the decline of physical and mental self sufficiency intensifies the vulnerability of the elderly.

Since 1998, the Kate B. Reynolds Charitable Trust has awarded 73 grants of more than \$5.4 million for programs that support victims of domestic violence. Four of these grants are profiled in this issue of OutReach.

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